



**Diane Howard's
Do's & Don'ts**

Do: Spend time with family and friends having fun.

Don't: Run through life.

Do: Walk through life (you can even "sit" once in a while!)

Don't: Over focus on your heartaches and problems.

Do: Keep you problems in perspective. Remind yourself that your problems are only a part of your life, and the whole picture includes beauty and peace.

parent Training Workshops

February 21, 2008

"Behavior Modification Tips for Home & Community"

March 20, 2008

"Developing and Participating in an Effective IEP Team"

Place: Education Spectrum Training Center at 2245 N. Lake Avenue in Altadena (corner of Lake & Calaveras)

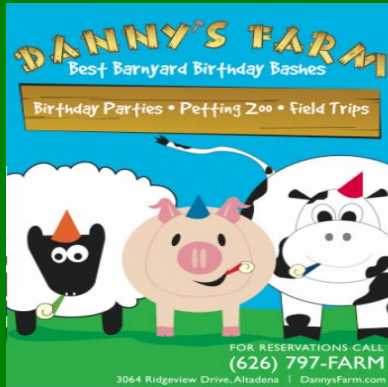
Cost: Contact your **REGIONAL CENTER** service coordinator regarding funding. For registration, call Debbie at 626-797-1500



Jim Gott has attended all of the parent trainings offered at Education Spectrum.

"We've been around autism for years and I can't believe how much I'm learning from these parent trainings!"

Cathy Gott and Dr. Laurie Stephens will be speaking at the Feb. 13th South Pasadena Kiwanis Luncheon. Location: Basement meeting room of Calvary Presbyterian Church in South Pasadena.



Spring Break Day Camp!

It's time to schedule Spring Break Day Camp!

Hours are from 9:00 am to 3:00 pm Monday through Friday and our inclusive setting is specifically designed to serve children with special needs.

**CALL LISA HOUSMAN FOR SCHEDULING AND INFORMATION
626-797-3276**



**Birth Announcement!!!
Please welcome Alfalfa
& Darla, the two baby
lambs born on
January 22, 2008**



Don't miss out on the Birthday fun at Danny's Farm. Book your party now. We are already scheduling into October.

Visit our website for party & reservation information.